

NEWSLETTER



DECEMBER/JANUARY
2023/24



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**MERRY CHRISTMAS AND A HAPPY NEW YEAR TO ALL
STAY SAFE OVER THE HOLIDAYS AND SEE YOU IN 2024**



CONGRATULATIONS TO NOVA HAYES



Nova Hayes is our newest senior brown belt holder. Nova attained this level of rank at Zillmere PCYC dojo during grading week after demonstrating all of her required criteria which included: throws, holds, armlocks, strangles, leglocks, headlocks, standing restraints, sparring techniques of kicks and punches and blocks, Level 1, 2, 3 defences, weapon defences, ground defences, target areas, takedowns plus more. She acquitted herself very admirably and was strong in all aspects.

Nova commenced her Jujitsu career in January 2011 at only 6 years of age, and has advanced through the ranks of sub-junior ranks to blue belt, and in the junior ranks to brown in June 2017, and after having a couple of years off, she came back with determination and attained her senior brown belt in 2023.

Nova has acted as a Sempai for a few years and has had a strong influence on teaching some of the younger students. She has demonstrated a real natural talent for coaching, and it will be a pleasure watching as she develops more in that capacity. She will be aiming for her coaching accreditation quite soon.

Personally, Nova has just recently welcomed baby boy, Theodore, with partner Charlotte, into this world. Theo already has his black belt teddy to inspire him to be like his mum, as she inspires to attain her black belt in the near future.

Congratulations Nova. Well done!!



McDONALD'S BRACKEN RIDGE



Thank you to all of our
wonderful sponsors!

Leanne Linard MP

Serving Our Community



Jared Cassidy
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HAPPY BIRTHDAY

December 2023 	
Olivia Miller	1st
Adam Moore	3rd
Shihan Meladee Stackpoole	8th
Evie Shepherd	9th
Jenson Hughes	11th
Mae Philp	13th
Rose Philp	13th
Jackson McWilliam	18th
Sempai Luke Toth	26th
Levi Cooper	30th
JANUARY 2024	
Sempai Yared Hagos	1st
Tobias King	4th
Sensei Tyler McInerney	9th
Rafic Alayan	9th
Alexander King	17th
Atawhai Tutaki	18th
Tristan Hughes	19th
Claudia Read	22nd
Lillian Tucker	22nd
Ethan Welham	25th
Ryan Wakeling	26th
Sempai Tania Poroa	30th



*The Magic of Christmas
Never Ends &
Its Christmas Gifts
Are Family & Friends*



BUNNINGS SAUSAGE SIZZLES



Thank you to those who helped Shania and I with the sausage sizzle on Sunday 25th November. We had the best fund raising day yet. Thank you to all of the workers supporting our School throughout 2023. Please remember that Shania Hammer is now the new coordinator and will need your assistance to support her. Merry

Christmas to you all

and have a great New Year! Dani



Hi everyone,

I am Shania and your new Bunnings coordinator. I would like to thank Dani for showing me the ropes and teaching me what I need to know. I haven't done anything like this before and will rely heavily on your support and assistance. I hope my journey will be as successful as Dani's.

Have a very Merry Christmas and see you in 2024.

From now on emails will be sent to:
Hammer.shania@gmail.com



BLACK BELT CLUB HOLIDAY TRAINING

During the Christmas holidays, the Black Belt Club members will be training on Sundays at Pine Rivers PCYC. Please check the Black Belt Club Chat group for times once we have established them.



SEMPAI COURSE

Sempai Course will be in March. Be ready! Ask your Head Sempai at your dojo about putting your name down.

Saturday 16th March. TBC.

CALENDAR OF EVENTS

NOVEMBER	27,28, 29,30th	Last training days & certificates & Christmas break up parties.
DECEMBER	1st 1st 2nd 8th 24th 25th 26th 31st	Certificate/Christmas break up party MAQ. Private Schools break up Committee Christmas Function State Schools break up Christmas Eve Christmas Day Public Holiday Boxing Day Public Holiday New Year's Eve
JANUARY 2024	1st 22nd 26th 28th 29th 30/31st	New Year's Day Public Holiday Education Schools commence Australia Day Public Holiday Kyushin Ryu School AGM & GCM ZPCYC, noon Judo resumes ZPCYC Jujitsu resumes ZPCYC
FEBRUARY	1st/2nd	PRPCYC and MAQ Toowong

Judo News



柔道
JUDO

COME & TRY JUDO for everyone:

KRJJ Judo Club trains in Judo

Zillmere PCYC on Mon. Training Juniors \$8 Seniors \$10

Juniors 6.00-7.15pm Seniors 7.30— 9pm.

WELL DONE TO MAE & ROSE

The Sunshine Coast Judo Christmas competition will be held on Sunday 3rd December at 2/7 Beech Street, Marcoola, commencing at 8.30am. Weigh in at 8am. Entry fee \$20. Mon-stars, juniors, seniors and Men & Women are the categories. Novice divisions are white/yellow/orange belts and green and above are experienced.

Let's support the last comp of the year, and the first for Sunshine Coast Judo. Need a ride - ring 0414183096.



Congratulations to Mae & Rose Philp, pictured with their Silver medals, they won at the last regional comp at Iona College, with Coach Meladee Stackpoole and Asst coach and mum, Carly Philp. Well done girls!

2024 - First regional comp is on Sunday 17th March. Venue TBC.

JUDO FOR GIRLS FOR 2024

Sunday 4th February

Sunday 21st April

Sunday 2nd June

Sunday 4th August

Sunday 6th October



Left: JQ Dan rank gradings from all around SQ was held at Shin Gi Tai club on Sunday. Nine went for Sho Dan (1st Degree black), a couple for Ni Dan (2nd) and a couple for San Dan (3rd). Good to watch the panel and participants and see how their gradings are performed.

**CONGRATULATIONS
SENSEI COURTNEY**



Congratulations to Sempai Courtney Vedelago, who is a member of our Judo Club and Jujitsu School. Courtney is also a member of Martial Arts Queensland (MAQ) at Toowong and she was promoted in Ronin Ryu Jujitsu on Sunday to black belt. Shihan Meladee was on the panel and coach Sensei Kyle Elkenhans was Mat Steward. Well done Courtney. She showed some nice techniques!

South Queensland hold JQ Dan rank preparation days throughout the year for participants to be up to date with knowledge, procedures, katas and techniques.

In **2024** these dates will be as follows:

Sunday 25th February

Sunday 24th March

Sunday 28th April

Sunday 20th October

Sunday 17th November

Grading 31st November



**GOLD STAR
EMBROIDERY**

**GOLD STAR
TROPHIES**





CONGRATULATIONS TO THOSE WHO WERE GRADED AT ALL DOJOS THIS PAST WEEK.



JUJITSU GRADINGS

Seniors:

Nova Hayes	Brown belt
Tristan Dodd	Green belt, blue tip
Ben Field	Green belt
Zachary Field	Green belt
Vanessa Mock	Orange belt, green tip
Claudia Read	Yellow belt, orange tip
Andrew Crawford	Yellow belt
Ajynka Paralikar	Yellow belt

Juniors:

Michelle Ziganshin	Blue belt, brown tip
Jonovan Gomes	Green belt, blue tip
Alexander King	Green belt, blue tip
Jack Fleming	Green belt, blue tip
Mackenzie Fleming	Green belt, blue tip
Connor Zande	Green belt
Braedon McNaught	Green belt
Ethan Welham	Green belt
Thomas Forsyth	Orange belt

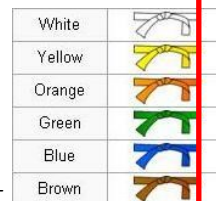


Juniors continued:

Oscar Ziganshin	Yellow belt, orange tip
Samira Wilkins	Yellow belt, orange tip
James McNaught	Yellow belt, orange tip
Lachlan Wilson	Yellow belt
Dean Wilson	Yellow belt
Levi Cooper	Yellow belt
Mitchell Southby	Yellow belt

Sub-juniors:

Tasman Allison	Orange belt
April Smart	Orange belt
Abigail Schlort	Yellow belt, orange tip
Jackson McWilliam	Yellow belt, orange tip
Tyler Dowd	Yellow belt
Oliver Crawford	Yellow belt
Athena Lawson	Yellow belt
Connor Sawden-Goves	Yellow belt
Evelyn Schlort	Yellow belt
Eric McNaught	Yellow belt
Lincoln Safiti	Yellow belt



JUDO GRADINGS

Claudia Read	Junior Green belt	Sienna Azzopardi	White/Yellow/black tip
Lui Godillon	Junior Orange belt	Isabella Azzopardi	White/Yellow/black tip
Evie Shepherd	Yellow/Orange/black tip	Robert Bettson	Yellow/Orange belt
Luca Godillon	Yellow/Orange belt	Tobias King	Yellow/black tip
Mae Philp	Yellow/Orange belt	Lachlan Bartlett	Yellow/black tip
Rose Philp	Yellow/Orange belt	Dominic Ferguson	Yellow belt
Gabby Azzopardi	Yellow/Orange belt	Hiroki Baddiley	White/Yellow/black tip
Seth Brown	Junior Yellow belt	Kenji Baddiley	White/Yellow belt



Kyushin Ryu School of Jujitsu Inc. and KRJJ Judo Club wish all of their students, families, coaches, Sempai, supporters and friends all a very Merry Christmas and a Happy New Year!!

Please stay safe over the holiday period and return to us relaxed and ready for a fantastic 2024.

Love to you all

Shihan Meladee & Management Committee





CHRISTMAS WORD SEARCH

Circle words in the puzzle below



Santa stocking snow toys
elves star cookies ornament
Rudolph sleigh present tree

Christmas Jokes

Can you match the jokes with the correct answers?

What hides in a bakery at Christmas?	Christmas quacker!
Who delivers presents to cats at Christmas?	Nice gnawing you!
What do you get if you cross Santa with a duck?	Jungle bells!
What do snowmen ride to get around?	A mince spy!
What did the beaver say to the Christmas tree?	All the wrapping!
What's green, covered in tinsel and goes ribbit ribbit?	Chill out!
What do monkeys sing at Christmas?	Mistle-toed!



Here Comes Santa Claus

Here comes Santa Claus!
Here comes Santa Claus!
Right down Santa Claus Lane! Vixen and Blitzen and all his reindeer
Are pulling on the reins.
Bells are ringing, children singing;
All is merry and bright.

Hang your stockings and say your prayers,
'Cause Santa Claus comes tonight.
Here comes Santa Claus!
Here comes Santa Claus!
Right down Santa Claus Lane!
He's got a bag that is filled with toys
For the boys and girls again.

Hear those sleigh bells jingle jangle,
what a beautiful sight.
Jump in bed and cover up your head,
'cause Santa Claus comes tonight.



Finish My Christmas Phrase

Someone has been chosen as the answer key.
Guess what word or phrase he or she will use to fill in the blanks.
Answers must match exactly.

JINGLE	_____	NORTH	_____
JOY	_____	SNOW	_____
WINTER	_____	SANTA	_____
STOCKING	_____	GINGERBREAD	_____
CANDY	_____	MERRY	_____
GREETING	_____	JOLLY	_____
SILVER	_____	CHRISTMAS	_____
WHITE	_____	REINDEER	_____
NAUGHTY	_____	RED	_____
SILENT	_____	GIFT	_____
HAPPY	_____	TREE	_____



Merry
CHRISTMAS



Colour in the Christmas Tree!

