

NEWSLETTER



OCTOBER 2023



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**NOMINATE NOW!!!! OUR OWN SCHOOL JUDO COMPETITION
SUNDAY 5TH NOVEMBER ZILLMERE PCYC NOON
NOMINATIONS CLOSE FRIDAY 20TH OCTOBER!!**

Everyone in our School, Judo and/or Jujitsu are encouraged, and welcomed, to participate in this competition. Your participation can be taken into account towards the promotions at the end of term, so make sure you enter, nominate and register and compete. It will **only** be for **our School** but be inclusive of Jujitsu players as well as Judo players. It will be so much fun!

Like all of our competitions, **safety is paramount**. Divisions will depend on **number of nominations, age, weight, rank and ability**. Only throws and holdings will be used in the competition, and there will be **no** armlocks, wristlocks, headlocks, strangles, kicks, punches used. The reason being, is that in Judo, we only use throws and holdings before the age of 15yrs, after 15yrs armlocks and strangles are included, but certainly no sparring techniques. So, **only throws and holds are accepted**.

Jujitsu players already know lots of throws and holds, the same as **Judo players**. However, where Jujitsu have separate standing competitions and groundwork competitions, Judo have them combined, so you go from a throw straight into a holding on the ground. Easy!! Judo players played in the Jujitsu competition in June, so the Jujitsu players should reciprocate and play in the Judo competition.

Where: Zillmere PCYC

When: Sunday 5th November

Time: Noon to 5pm (Be there for bow in 11.45am)

Cost: \$15/student capped at \$30/family

Nominations due by: **NO LATER THAN FRIDAY 20TH OCTOBER**

Bring: Gi, belt, thongs, water bottle, towel, smile!

Rules: No grabbing legs for throws, no sparring techniques, a good throw scores an Ippon (full point) (largely on the back, with force and control and a semblance of a recognised throw) and wins the bout, or if missing one of those elements, scores a Waza-ari (half point), and two (2) Waza-aris make a full point and wins, hold down for 20seconds for Ippon (full point), or holds down for 10—19secs for a Waza-ari.

Ask for a nomination form from the admin table on training nights or bring along your completed form received through email and pay at the table.



*2022 Kano Award winner,
Lui Godillon with
School patron - Mr Rod Chiapello*

McDONALD'S BRACKEN RIDGE



Jared Cassidy
Councillor for Deagon Ward

Deagon Ward Office, 2a/47 Brighton Rd, Sandgate Q 4017

Phone: (07) 3667 6011

Email: deagon.ward@bcc.qld.gov.au

Web: jaredcassidy.com.au



HAPPY BIRTHDAY

October 2023 	
Lachlan Wilson	4th
Dean Wilson	4th
Sensei Damien Hammer	8th
Sempai Liz Littlejohn	12th
Jessica Miller	12th
Sensei Jaimie Stackpoole	18th
Sensei Chris Stackpoole	18th
Jo Bradley	19th
April Smart	21st
Sempai Dani Wilson	21st
Samira Wilkins	31st



Shihan Meladee's Words:
*The greatest gift you can give
 someone is your time,
 Because you are giving a portion of yourself
 that you will never get back.
 Thank you!*



BUNNINGS SAUSAGE SIZZLES

SOS VOLUNTEERS NEEDED SOS

Thank you to those who have always helped me with the sizzles. I am moving on now but have really enjoyed being the Bunnings Coordinator for this extraordinary School. I have one last sizzle to coordinate along with the newly appointed Bunnings Coordinator, Shania Hammer. I do hope you will support her the same way you have supported me over the past couple of years.

Thank you all again.

NEXT SIZZLE IS SATURDAY 25th NOVEMBER
 AT VIRGINIA,

please email me for the last time:

daniwilson_21@hotmail.com

From then on emails will be sent to:

Hammer.shania@gmail.com



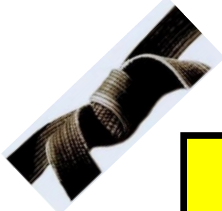
- 4 October 2023: round 9 closed
- 22 November 2023: last day for vouchers to be presented to [activity providers](#)

SHARE POSTS

If parents wish to, want to, we would appreciate you share whatever posts we put up on our Facebook pages, so the word gets out and our School gets promoted to the outside world. We are trying to build up our numbers, and if people see the kids enjoying themselves, getting awards, learning different skills, being socially interactive, the dedication and commitment of our coaches, it will assist us in spreading the word. We are a small community like a family community, but we do need more members. We love our School and our Judo Club, so spread the word please.

CALENDAR OF EVENTS

OCTOBER	11th	Black Belt Club ZPCYC 7.30pm
	27th	World Teachers Day
	28th	World Judo Day Theme 'Bring a Friend'
	29th	Grandparents Day
	29th	National Cat Day
	31st	Halloween
NOVEMBER	5th	KRJJ & our School Judo Comp ZPCYC
	20th	Judo grading
	21,22,23,24	Jujitsu gradings at all dojos
	25th	Bunnings Sausage Sizzle Virginia
	27,28,29,30th &	Last training days & certificates &
	1st Dec	Christmas break up parties.



DATE CHANGED

BLACK BELT CLUB
25th OCTOBER 7.30PM ZPCYC

UPDATE NOTE DATE CHANGE

Anybody who is senior blue belt or above is invited, encouraged and welcomed to attend our Black Belt Club nights which are generally held on 2nd Wednesday night of each term at ZPCYC. These nights are set aside to ensure consistency is set between the four dojos and are inclusive of both Jujitsu and Judo players. We also learn a different technique that we haven't done for a while and discuss any issues we may be having at our relevant dojo.

Watch this space for Sundays at PRPCYC for BBC as well in the future!



Judo News



柔道
JUDO

Bring
a
Friend

BRT
BRACKEN RIDGE TAVERN

COME & TRY JUDO for everyone:

KRJJ Judo Club trains in Judo

Zillmere PCYC on Mon. Training Juniors \$8 Seniors \$10

Juniors 6.00-7.15pm

Seniors 7.30— 9pm.



CONGRATULATIONS KRJJ JUDO REPS

Congratulations to Lui Godillon who won Gold in the National Schools Open Judo Championships at the end of September. Lui trained hard before the competition with the seniors and went well. He took that enthusiasm into the bouts and it paid off for him. We will see a lot more from Lui in the future. Thank you to Corey Rosenthal, even though new to Judo and to coaching, acted as coach to Lui and he brought him home a Gold. Well done to both Lui and Corey!

On the same weekend was the Queensland International Open where we had 6 countries take part with 57 clubs and 125 entrants. KRJJ Judo Club had 3 entrants - Courtney Vedelago, Tarik Cirkic and Corey Rosenthal. Courtney came 5th in her division and fought well but came up against an Ex Olympian and a rugby league player, but she tried hard. Corey and Tarik ended up in the same division against different players, but both players managed to tie for 7th. Experience and years of knowledge and tactics is always hard to overcome and conquer. Thank you to Coach Andrew Hammer for his coaching of the three players, and to Assistant Coach Carly Philp who supported all players well. Thank you to Shania Hammer who supported boyfriend Corey, but also volunteered back of house and learned the table administration with Shihan Meladee. Well done everyone!

These two prestigious competitions had a lot of good experienced players and one can only benefit and learn from them. Shihan Meladee worked on the electronic scoreboards over the three day competitions which turned into five competitions with the National Schools Open Judo, the Qld International Open, the Military Games, the Veteran games and the University National Championships. A very busy and full on three days.



A JAPAN VISIT FOR SENSEI KYLE

During the September holidays, Sensei Kyle Elkenhans, flew to Japan to visit the Kodokan, HQ of Judo, in Tokyo. He went on the mat in the Kodokan for a 2hr session which was very special, and he became a life member of the Kodokan, plus he took a picture of Professor Jigoro Kano's statue, where Shihan Jim had his photo taken back in 1968, and Shihan Jim and Meladee had their photos taken with him in 2019.



Thank you for
the memories!



ESTD 2017
HYPAR WILD
Outdoor
ACTIVITIES
WELCOME TO OUR JUNGLE



**SUNSTATE
TROPHIES**

HYPAR
Helping Young People At Risk



SPECIAL DAYS OF MENTION DATE CLAIMERS



We will celebrate on
Monday 23rd October
Bring a friend!!!!



27th October 2023



29th October 2023

National
CAT DAY!
Oct 29th



DATES FOR PROMOTIONS AND GRADINGS

Judo: Monday 20th November Zillmere PCYC
Jujitsu: Tuesday 21st November Zillmere PCYC
Jujitsu: Wednesday 22nd November Zillmere PCYC
Jujitsu: Thursday 23rd November Pine Rivers PCYC
Jujitsu: Friday 24th November MAQ Toowong

DATES FOR CERTIFICATE PRESENTATIONS LAST TRAINING NIGHTS AND CHRISTMAS PARTIES

Judo: Monday 27th November Zillmere PCYC
Jujitsu: Tuesday 28th November Zillmere PCYC
Jujitsu: Wednesday 29th November Zillmere PCYC
Jujitsu: Thursday 30th November Pine Rivers PCYC
Jujitsu: Friday 1st December MAQ Toowoong

**THANK YOU
TO SO MANY!!**

Thank you to **Tania Poroa** for
updating our First Aid kits at
all dojos. A big job done by a
quiet person. Thank you!



We will celebrate
Halloween on
Monday 30th October

Thank you to all of
our wonderful
sponsors!



Thank you to those who bought the pink belts for Breast Cancer Awareness Month - October. During the week beginning 16th October we will have a gold coin donation jar on the table, or you can pay by contactless at the table to raise more money for the cause. Just that week only, as 19th October is the day celebrated against breast cancer. Thank you to our School for the donation of \$150 passed at the committee meeting last Sunday.



Judo on Monday night with pink belts.



Jujitsu on Tuesday night with pink belts.

