

**KYUSHIN RYU JUJITSU
GRADING SUMMARY FOR SUB-JUNIORS**

	Yellow 10th Kyu	Yellow 9th Kyu	Orange 8th Kyu	Orange 7th Kyu	Green 6th Kyu	Green 5th Kyu	Blue 4th Kyu	Blue 3rd Kyu	Brown 2nd Kyu	Brown 1st Kyu
General Knowledge	√	√	√	√	√	√	√	√	√	√
Terminology	√	√	√	√	√	√	√	√	√	√
Breakfalls	2	2	3	3	4	4	5	5	6	6
Throws:	1	2	3	4	5	6	7	8	9	10
• Hip	-	1	1	1	1	1	2	2	2	2
• Leg	1	1	1	1	1	2	2	2	2	2
• Shoulder	-	-	-	1	1	1	1	1	1	2
• Hand	-	-	1	1	1	1	1	2	2	2
• Sacrifice	-	-	-	-	1	1	1	1	2	2
Takedowns	-	-	1	1	1	1	2	2	3	3
Target Areas	-	-	1	1	2	2	3	3	4	4
Punches	1	1	1	1	2	2	2	2	3	3
Kicks	1	1	1	1	2	2	2	2	3	3
Blocks	-	-	-	-	1	1	2	2	2	2
Arm Locks	-	-	1	1	1	1	2	2	3	3
Leg Locks	-	-	-	-	1	1	2	2	2	2
Strangles	-	-	1	1	1	1	2	2	3	3
Headlocks	-	-	-	-	1	1	2	2	2	2
Restraint Holds:										
• Standing	-	-	-	-	1	1	2	2	2	2
• Ground	1	1	1	1	2	2	3	3	4	4
Frontal Attacks	-	-	-	-	√	√	√	√	√	√
Rear Attacks	-	-	-	-	-	-	√	√	√	√
Ground Attacks	-	-	-	-	-	-	-	-	√	√
Kumite	-	-	-	-	-	-	√	√	√	√
Randori	-	-	-	-	-	-	√	√	√	√
Katsu	-	-	-	-	-	-	-	-	-	-
Kata	-	-	-	-	-	-	-	-	UKEMI NO KATA (solo)	UKEMI NO KATA (partner)