

**KYUSHIN RYU JUJITSU  
GRADING SUMMARY FOR SENIORS**

	Yellow 10th Kyu	Yellow 9th Kyu	Orange 8th Kyu	Orange 7th Kyu	Green 6th Kyu	Green 5th Kyu	Blue 4th Kyu	Blue 3rd Kyu	Brown 2nd Kyu	Brown 1st Kyu
<b>General Knowledge</b>	√	√	√	√	√	√	√	√	√	√
<b>Terminology</b>	√	√	√	√	√	√	√	√	√	√
<b>Breakfalls</b>	2	2	4	4	6	6	8	8	10	10
<b>Throws:</b>	4	4	8	8	12	12	16	16	20	20
• Hip	1	1	2	2	2	2	3	3	4	4
• Leg	1	1	2	2	2	2	3	3	4	4
• Shoulder	1	1	1	1	2	2	2	2	3	3
• Hand	1	1	2	2	3	3	4	4	4	4
• Sacrifice	-	-	1	1	3	3	4	4	5	5
<b>Takedowns</b>	1	1	2	2	3	3	4	4	5	5
<b>Target Areas</b>	1	1	3	3	5	5	7	7	9	9
<b>Punches</b>	1	1	2	2	3	3	4	4	5	5
<b>Kicks</b>	1	1	2	2	3	3	4	4	5	5
<b>Blocks</b>	1	1	2	2	3	3	4	4	5	5
<b>Arm Locks</b>	1	1	3	3	5	5	7	7	9	9
<b>Leg Locks</b>	1	1	3	3	5	5	7	7	9	9
<b>Strangles</b>	1	1	3	3	5	5	7	7	9	9
<b>Headlocks</b>	1	1	2	2	3	3	4	4	5	5
<b>Restraint Holds:</b>										
• Standing	1	1	2	2	3	3	4	4	5	5
• Ground	1	1	3	3	5	5	7	7	9	9
<b>Frontal Attacks</b>	-	√	-	√	-	√	-	√	-	√
<b>Rear Attacks</b>	-	-	-	√	-	√	-	√	-	√
<b>Ground Attacks</b>	-	-	-	-	-	√	-	√	-	√
<b>Weapon Attacks</b>	-	-	-	-	-	-	-	√	-	√
<b>Multiple Attacks</b>	-	-	-	-	-	-	-	-	-	√
<b>Kumite</b>	-	-	-	-	√	√	√	√	√	√
<b>Randori</b>	-	-	-	-	√	√	√	√	√	√
<b>Katsu</b>	-	-	-	-	-	-	√	√	√	√
<b>Kata</b>	-	-	-	-	-	-	Ukemi No Kata (solo)	Ukemi No Kata (partner)	Kyushin Jitsu Kata (uke)	Kyushin Jitsu Kata (tori)