

**KYUSHIN RYU JUJITSU  
GRADING SUMMARY FOR DAN GRADES**

	SHO DAN	NI DAN	SAN DAN	YON DAN	GO DAN
General Knowledge	√	√	√	√	√
Terminology	√	√	√	√	√
Breakfalls	11	12	13	14	15
<b>Throws:</b>	<b>25</b>	<b>30</b>	<b>40</b>	<b>50</b>	<b>60</b>
• Hip	5	6	7	9	11
• Leg	6	7	9	11	13
• Shoulder	3	3	4	4	5
• Hand	5	7	10	12	14
• Sacrifice	6	7	10	14	17
<b>TAKEDOWNS</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>9</b>	<b>10</b>
Target Areas	10	12	15	20	25
Punches	6	7	8	9	10
Kicks	6	7	8	9	10
Blocks	6	7	8	9	10
Arm Locks	10	15	20	25	30
Leg Locks	10	11	12	14	15
Strangles	10	12	14	16	18
Headlocks	6	7	8	9	10
<b>Restraint Holds:</b>					
• Standing	6	7	9	11	13
• Ground	10	11	12	14	15
Frontal Attacks	√	√	√	√	√
Rear Attacks	√	√	√	√	√
Ground Attacks	√	√	√	√	√
WEAPON Attacks	√	√	√	√	√
	√	√	√	√	√
<b>MULTIPLE Attacks</b>					
Kumite	√	√	√	√	√
Randori	√	√	√	√	√
Katsu	√	√	√	√	√
<b>Kata</b>	<b>NAGE NO KATA</b>	<b>NAGE NO KATA</b>	<b>GONosen NO KATA</b>	<b>KIME NO KATA</b>	<b>ITSUTSU NO KATA</b>
	(first 3 sets)	(complete)			